

I TRUST JESUS WITH MY TIME

Series: "Trust Issues" – Week #4

Pastor Nestor Flores

Sunday, June 7, 2026

"Be careful then how you live, not as unwise people but as wise,¹⁶ making the most of the time, because the days are evil.¹⁷ So do not be foolish, but understand what the will of the Lord is." Ephesians 5:15–17 (NRSV)

I Trust Jesus With My Time When...

1. I Let Him Define What **Matters Most**

*"As wise... understand what the **Lord's will is.**" Ephesians 5:17 (NIV)*

*"My dear Martha, you are worried and upset over all these details!⁴² **There is only one thing worth being concerned about.** Mary has discovered it, and it will not be taken away from her." Luke 10: 41-42 (NLT)*

2. I Put **Presence Before Productivity**

*"Very **early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.**" Mark 1:35 (NIV)*

3. I Treat Rest As An **Act Of Worship**

*"Unless the **LORD** builds a house, the work of the builders is wasted...² **It is useless for you to work so hard from early morning until late at night, anxiously working for food to eat; for God gives rest to his loved ones.**" Psalm 127:1-2 (NLT)*

*"If you are tired from carrying heavy burdens, **come to me and I will give you rest.**" Matthew 11:28 (CEV)*

4. I **Obey Today** Instead of Waiting for Someday

*"Teach us to number our days, that we may **gain a heart of wisdom.**" Psalm 90:12 (NIV)*

How Do I Trust Jesus With My Time This Week?

- A. Start The Day With Jesus Before The World Gets Your Attention.
- B. Review Your Calendar Prayerfully.
- C. Practice A Weekly Rhythm Of Rest.
- D. Learn The Holy Power Of No.